

# **Snare Drum Warm-up Checklist**

by Doug Wallace

Whether you are doing a quick warm-up or a marathon practice session, try to be as efficient as possible.

Below is a checklist you can use to be sure that you are covering all of the important technical areas on snare drum.

Start slowly, practice at various tempos, practice at various dynamics, and keep your muscles as relaxed as possible.

Single (Full Strokes)

Down Strokes

Up Strokes

Double Strokes

Triple Strokes

Multiple Bounce Strokes

Rolls

Accent Patterns

Rudiments

Table of Time / Complex Rhythmic Subdivisions

## **Suggestions for Improving Confidence and Coping with Nerves at an Audition or Performance**

1. Practice - extensive practice will improve results
2. Gain experience - the more experience you have, the easier things get
3. Play mock auditions and dress rehearsals - practice performing in a simulated audition situation
4. Record yourself often (video and audio)
5. Practice/Perform in unrealistically difficult settings